

Important Information You Need to Know About Your Prescription Coverage through The City of Santa Rosa:

1. This communication applies to Anthem PPO and EPO City Plan members (not including Teamsters)
2. Depending on the medications you are currently taking, you and/or your doctor may be required to take action
3. If you receive a notice from Express Scripts in the mail, please be sure to open the letter and review.



As you may be aware, prescriptions are expensive and we want to help you spend your money wisely. Prescriptions are also very important to our employees and the goal of our prescription plan is to get the right medication to the right person at the right time.

Effective January 1, 2020, there will be changes to the Express Scripts formulary (aka list of covered medications) for Anthem PPO and EPO members. All health insurance carriers make changes to their formulary periodically. There will also be changes to the medication classes and medications that may require **Prior Authorization** or **Quantity Management**. Prior Authorization and Quantity Management are not new to our plan. **Step Therapy** will be added to our plan. Step Therapy encourages members and physicians to try clinically effective generic medications before trying brand medications. **For more information about these plan features see pages 2-9 of this document.**

Your doctor should be familiar with these terms and typically understands what he or she needs to do to get approval, if needed for the prescriptions you need. In some instances, one or more steps may be required. There is also an appeals process if you or your doctor disagree with any decisions made.

How do these changes affect me?

If there is a change or action needed on your part, you will receive a letter from Express Scripts in early November. The letter will include instructions to help you determine what next steps are needed for filling future prescriptions.

If you or your family receive a letter, **ACTION IS REQUIRED** in order to avoid delays.

Patients currently taking a prescription covered under one of the Step Therapy conditions will be grandfathered and will not need to go through the step therapy process for the scripts they are taking prior to 12-31-2019. If the patient changes their therapy after January 1, 2020, they may be subject to the Step Therapy process.

If you still have questions, Anthem PPO and EPO members can check the Open Enrollment Site: www.express-scripts.com/cityasantarosa. Members can see how they will be charged for their medication based on their plan design.

You may also call Express Scripts at (877) 554-3091.